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AMALGAM FILLING POST-OP INSTRUCTIONS

Today we have placed an amalgam (silver) filling. We ask you not to chew on the restoration for 4 hours following the procedure. We ask that you not chew anything harder than a piece of bread for 24 hours. Following the 24 hours, the filling will be fully hardened.

You should expect post-operative inflammation and discomfort. We recommend taking (1) 500mg Tylenol (acetaminophen) along with (3) 200 mg Ibuprofen (Aleve).

Gums and tissues in the area of the filling will be sore for a few days after. We recommend a warm salt water rinse (half inch of water with a pinch of salt). We advise rinsing for 30 seconds 3 times a day for a week following the procedure.

Post-operative sensitivity to hot, cold, and bite is not uncommon. This should dissipate in about 3 days. If sensitivity continues or pain becomes too great, please contact the office at 402-556-7794.

It is imperative that the occlusion (bite) is correct following the restoration. If your bite feels off, DO NOT think the restoration will adjust to your bite. Please call the office and allow us to adjust the filling so the bite will be correct. This will take less than 10 minutes.